

# LAKE JOVITA GOLF & COUNTRY CLUB

MAY 2017



## GOLF

It's hard to believe summer is nearly upon us. April is one of those months that I look forward to every year, and this past April did not disappoint. Both the Men's and Ladies Member Guest were absolutely spectacular this year. All the committee members and volunteers from both of the events please let me thank you for all of your hard work. These events take months of planning and organizing to put on a first class show like we do every year.

With April down and as we enter into May this is the time of the year where we begin our course maintenance. I will have reciprocals set up with numerous courses around the area during the summer (May-September). Pro Shop staff are the only ones allowed to make tee times at the rate that I have set up with the other clubs. I will send out a list to the membership of all the clubs that will be reciprocating with us this month.

## Rules Question:

In stroke play, after resuming play that was suspended due to a rainstorm, a player's ball comes to rest near a large bush. In making a practice swing, he causes some water on a branch of the bush to be removed, thus eliminating the distraction from the water during his stroke. What is the ruling?

Answer: There is a two stroke penalty (13-2/23).

I would like to thank all the members that participated in all the major events we held in the winter/spring and I look forward to a great turn out as we head into the fall with our final majors of the 2017 year.

"Keep it in the short grass!"

**Jeff Mychalishyn**

**Head Golf Professional**

## MEMBERSHIP

This month the Lake Jovita G&CC family is growing. We would like to welcome our newest members to the club:

**John & Kaye Sass (Golf)**

**Ken & Sherri Cheline (Golf)**

**Michael & Elizabeth Keresman (Golf)**

**Bryson & Chrissie Ryker (Golf)**

The month of April is one of the busiest months for our membership. This April was no different and we would like to thank all the members' and their committees for putting on superb events. The **Lake Jovita Women's Club** fashion show was a big success this year with **Fabletics** and **JoFit** coming out to show off some of their new and upcoming lines. **JoFit** will also be featured in the Lake Jovita Pro Shop. **Ric Cartwright** blessed us all with his version of Richard Simmons. Thank you to the **Lake Jovita Women's Club** for awesome decorations and planning of the event with a special thanks going to **Leslie Colello** for organizing the event. You can see some pictures of the festivities by visiting their website at **LakeJovitaWomansClub.com**

**MEMBER GUEST TOURNEYS** - April was also home to the Men and Women's Member Guest tournaments. **Ken** and **Barb Lucas** stepped up to the plate for another year of first class tournaments. The two of them with the help of numerous other members left no stone unturned in the planning and preparation for these events. Without the organization and effort from the 2 of them these would not be as successful as they are. Thank you to all the committees that help organize and decorate for a great member experience.

### **FITNESS**

What's holding you back? With an abundance of information regarding fitness and nutrition out there, it is easy to get caught up trying to figure out if what you are doing is the best for you. It's exhausting deciding whether steady state cardio, interval training, circuit training, resistance training, yoga, low calorie, low carb, low fat, etc. is the best choice. What works for one person doesn't always work for another.

Setting goals is important when it comes to fitness and nutrition. Is your goal sport specific, weight loss, strength, balance, muscle building, flexibility or do you just want to feel better? When setting a goal, it is important to set yourself up for success. Goals should be specific and measurable, challenging but realistic, short and long term and include behavior changes not just outcomes.

If you need help figuring out what is best for you with regards to your fitness and nutrition goals, contact the fitness center. We are eager to get you on the right path.

### **FOOD & BEVERAGE**

We would like to welcome **Wally Dawson**, our new chef!! He is great addition to the Lake Jovita Family. April was a great month here a Lake Jovita!!! We'd like to thank the Men's Member Guest committee for putting on a great event! *Please make sure to make your reservations* for **Cinco De Mayo Celebration** on May 5<sup>th</sup> and Sunday, May 14<sup>th</sup>- **Mother's Day** reservations are required!

Come join us for Live Entertainment on May 5<sup>th</sup> and May 12<sup>th</sup>

### **COURSE NEWS**

We are coming into the season where the grass is starting grow again. The maintenance crew continues to work very hard to stay ahead of the coming grow season. As we move into the growing season our scheduled aerification will start taking place May 22<sup>nd</sup> on the South Course. We know that during these times of maintenance it can be taxing on the membership and we want to thank you for your patience. This year we feel that we are going into the growing season a lot stronger than last year and hope to continue on the path of strong turf quality.

Over the last couple of months as you all know we have been in extreme drought conditions. As we continue to work through the challenges of the weather the maintenance staff is working on numerous projects around the golf course. The maintenance crew and superintendent would like to thank our membership for their efforts in supporting golf course conditions. This last month a large group got together for a divot filling party and Mr. Dennis Brown was spotted on a Friday afternoon doing nothing but fill divots. As small as these things may seem it is a huge help in keeping the golf courses in good conditions. Of the projects around the golf course we continue to trim trees and clean up the large bedded areas on both courses.

Sincerely,

**Management Team**  
**Lake Jovita Golf & Country Club**  
**(352) 588-2233**